- WAC 296-45-125 Medical services and first aid. The employer shall provide medical services and first aid as required in WAC $((\frac{296-800-160}{0}))$ $\frac{296-800-150}{0}$. $((\frac{10-100}{0}))$ The following requirements also apply:
- (1) Cardiopulmonary resuscitation and first-aid training. When employees are performing work on or associated with exposed lines or equipment energized at 50 volts or more, persons trained in first aid including cardiopulmonary resuscitation (CPR) shall be available as follows:
- (a) For field work involving two or more employees at a work location, at least two trained persons shall be available. However, only one trained person need be available if all new employees are trained in first aid, including CPR, within 3 months of their hiring dates.
- (b) For fixed work locations such as generating stations, the number of trained persons available shall be sufficient to ensure that each employee exposed to electric shock can be reached within 4 minutes by a trained person. However, where the existing number of employees is insufficient to meet this requirement (at a remote substation, for example), all employees at the work location shall be trained.
- (2) First-aid supplies. First-aid supplies required by WAC $((\frac{296-800-160}{296-800-150}))$ 296-800-150 shall be placed in weatherproof containers if the supplies could be exposed to the weather.
- (3) First-aid kits. Each first-aid kit shall be maintained, shall be readily available for use, and shall be inspected frequently enough to ensure that expended items are replaced but at least once per year.

AMENDATORY SECTION (Amending WSR 01-11-038, filed 5/9/01, effective 9/1/01)

- WAC 296-78-540 First-aid training and certification. The employer must ensure that first-aid trained personnel are available to help employees who are injured or who become acutely ill on the job. The employer must meet this requirement by maintaining first-aid trained staff on the job site. The employer must ensure that:
- (1) Each person in charge of employees has first-aid training; or another person with first-aid training is present or available to the employees. Such training must be successfully completed every two years ((as required in WAC 296-800-150));
- (2) Documentation of first-aid training is kept ((as required in WAC 296-800-150));
 - (3) Emergency telephone numbers are adequately posted((\div
- (4) First aid training includes the core elements contained in WAC 296-800-150)).

AMENDATORY SECTION (Amending WSR 01-11-038, filed 5/9/01, effective 9/1/01)

- WAC 296-155-120 First-aid training and certification. This section is designed to assure that all employees in this state are afforded quick and effective first-aid attention in the event of an on the job injury. To achieve this purpose the presence of personnel trained in first-aid procedures at or near those places where employees working is required. are Compliance with the provisions of this section may require the presence of more than one first-aid trained person.
- (1) ((The first-aid training requirements of the safety and health core rules, chapter 296 800 WAC, apply within the scope of chapter 296 155 WAC.
- (2))) Each employer must have available at all worksites, where a crew is present, a person or persons holding a valid first-aid certificate.
- $((\frac{3}{3}))$ <u>(2)</u> All crew leaders, supervisors or persons in direct charge of one or more employees must have a valid first-aid certificate.
- $((\frac{4}{1}))$ <u>(3)</u> For the purposes of this section, a crew means a group of two or more employees working at any worksite.

Note:The requirement that all crew leaders, supervisors or person in direct charge of one or more employees (subsection (3) of this section) applies even if other first-aid trained person(s) are available. In emergencies, crew leaders will be permitted to work up to thirty days without having the required certificate, providing an employee in the crew or another crew leaders in the immediate work area has the necessary certificate.

AMENDATORY SECTION (Amending WSR 03-09-110, filed 4/22/03, effective 8/1/03)

- WAC 296-305-01515 First-aid training and certification. (1) All fire fighters except directors of fire departments and the directors' designated personnel, shall have as a minimum first-aid training as evidenced by a current, valid first-aid card, EMT or First Responder certification.
- (2) New fire fighters shall have such first-aid training within 90 days of the date of their employment or enroll for training in the next available class for which they are eligible.
- (3) ((First aid training and certification for other employees and directors of fire departments shall conform to the requirements of WAC 296-800-150.
- (4))) Fire service duties include exposure to bloodborne pathogens. The requirements of this section and chapter 296-823 WAC, Occupational exposure to bloodborne pathogens, shall apply.

AMENDATORY SECTION (Amending WSR 02-12-098, filed 6/5/02, effective 8/1/02)

WAC 296-307-039 First-aid rule summary. Your responsibility: Make sure first-aid trained personnel are available to provide quick and effective first aid.

You must:

Make sure that first-aid trained personnel are available to provide quick and effective first aid.

WAC 296-307-03905.

((Make sure first-aid training contains required subjects.

Keep current and document your first aid training.

WAC 296 307 03915.))

Make sure appropriate first-aid supplies are readily available.

WAC 296-307-03920.

((Provide a first aid station when required.

WAC 296-307-03925.))

Note:

- Employers who require their employees to provide first aid must comply with the bloodborne pathogen rule, WAC 296-62-080.
- Additional requirements relating to first aid are also located in the following sections:
- WAC 296-307-07013(12), What rules apply to vehicles used to transport employees?
- WAC 296-307-16175, First-aid requirements for operators of temporary worker housing.
- WAC 296-307-16380, First-aid requirements for operators of cherry harvest camps.

Definitions:

First aid: The extent of treatment you would expect from a person trained in basic first aid, using supplies from a first-aid kit

Emergency medical service: Medical treatment and care given at the scene of any medical emergency or while transporting any victim to a medical facility.

You can get copies of these rules by calling 1-800-4BE SAFE (1-800-423-7233), or by going to http://www.lni.wa.gov.

AMENDATORY SECTION (Amending WSR 01-17-033, filed 8/8/01, effective 9/1/01)

WAC 296-307-03905 Make sure that first-aid trained personnel are available to provide quick and effective first aid. ((You must:

Choose one of the following two options to make sure that your employees have access to personnel who are trained in first aid.

Option 1:

Make sure first aid trained persons are in your workplace to help your employees if they become hurt or ill on the job by doing the following:

- -- Make sure that:
- **Each person in charge of employees has first aid training; or
- Another person with first-aid training is present or available to your employees, whenever you have 2 or more employees present.
 - Note: This rule is met if persons other than an employee, such as the farm operator or spouse, hold a current first aid certificate and are available during working hours.
- EXCEPTION: This rule does not apply to individual employees whose duties require them to work alone at isolated workstations. However, employees working alone must be checked at intervals by some method agreed upon by you and the employee.
- Adequately post emergency telephone numbers in your workplace.

Option 2:

- Develop and maintain a written first-aid response plan for your workplace. If you choose this option, you must do all of the following:
- Determine how many, if any, employees should be trained in first aid, based on the following factors:
- How likely is it that a workplace injury or illness will occur?
- **The How serious are the occupational hazards in your workplace?
 - **Bow remote is your workplace?
- **Description** The How complex is your worksite in terms of size, design, etc.?
- ** What medical emergencies have occurred at your workplace in the past?
- ** How far away and how long does it take to get to emergency medical services?
- Note: Employers who require their employees to provide first aid must comply with the bloodborne pathogen rule, WAC 296 62 080.

You must:

- Fits your work location, type of work, and environmental conditions.
- Identifies the available emergency medical services and access numbers and where they are posted.
- Describes the type of first-aid training employees receive, if applicable.
- Identifies the location(s) of first aid supplies and/or first-aid stations.
 - Identifies the contents of first-aid kits.
- Describes how first aid supplies or kits will be inspected and maintained.

Describes how injured or ill employees will have access
to first-aid trained employees.)) You must:

Comply with the first-aid training requirements of 29 CFR 1910.151(b) which states:

"In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid."

REPEALER

Code are repealed: sections of the Washington Administrative

WAC 296-307-03910 Make sure first-aid training contains required subjects.

WAC 296-307-03915 Document your first-aid training. WAC 296-307-03925 Provide a first-aid station when

required.

AMENDATORY SECTION (Amending WSR 02-16-047, filed 8/1/02, effective 10/1/02)

WAC 296-800-150 Rule summary. Your responsibility: Make sure first-aid trained personnel are available to provide quick and effective first aid.

You must:

Make sure that first-aid trained personnel are available to provide quick and effective first aid.

WAC 246-800-15005.

((Make sure first-aid training contains required subjects.

WAC 296-800-15010.

Keep current and document your first aid training.

WAC 296 800 15015))

Make sure appropriate first-aid supplies are readily available.

WAC 296-800-15020.

((Provide a first aid station when required.

WAC 296-800-15025.))

Make sure emergency washing facilities are functional and readily accessible.

WAC 296-800-15030.

Inspect and activate your emergency washing facilities.

WAC 296-800-15035.

Make sure supplemental flushing equipment provides sufficient water.

WAC 296-800-15040.

((Reference)) Note: Employers who require their employees to provide first aid must comply with chapter 296-823 WAC, Occupational exposure to bloodborne pathogens.

Your workplace may be covered by separate first-aid rules. If you do any of the types of work listed below, you must follow separate industry specific rules:

Industry Agriculture	Chapter (WAC) 296-307
Compressed air	296-36
Construction	296-155
Fire fighting	296-305
Logging	296-54
Sawmill	296-78
Ship building and repairing	296-304

You can get copies of these rules by calling 1-800-4BE SAFE (1-800-423-7233), or by going to http://www.lni.wa.gov.

AMENDATORY SECTION (Amending WSR 03-09-110, filed 4/22/03, effective 8/1/03)

WAC 296-800-15005 Make sure that first-aid trained personnel are available to provide quick and effective first aid. ((You must:

Choose one of the following two options to make sure that your employees have access to personnel who are trained in first aid.

Option 1:

Make sure first aid trained employees are in your workplace to help your employees if they become hurt or ill on the job by doing the following:

- Make sure that:
- **Each person in charge of employees has first aid training; or
- Another person with first-aid training is present or available to your employees, whenever you have 2 or more employees present.
- Adequately post emergency telephone numbers in your workplace.

OR

Option 2:

Develop and maintain a written first-aid response plan for your workplace. If you choose this option, you must do all of the following:

- Determine how many, if any, employees should be trained in first aid, based on the following factors:
- **\text{\text{\text{\$\phi}}} \text{\text{\$\phi}} \text{of occupational hazards are present in your workplace?}
- ** How likely is it that a workplace injury or illness will occur?
- **The How serious are the occupational hazards in your workplace?
 - **Bow remote is your workplace?
- ** How complex is your worksite in terms of size, design, etc.?
- ** What medical emergencies have occurred at your workplace in the past?
- ** How far away and how long does it take to get to emergency medical services?

Note: Employers who require their employees to provide first aid must comply with chapter 296 823 WAC, Occupational exposure to bloodborne pathogens.

You must:

- Make sure your first aid response plan:
- Fits your work location, type of work, and environmental conditions.
- Identifies the available emergency medical services and access numbers and where they are posted.
- Describes the type of first-aid training employees receive, if applicable.
- Identifies the location(s) of first aid supplies and/or first aid stations.
 - Identifies the contents of first-aid kits.
- Describes how first-aid supplies or kits will be inspected and maintained.
- Describes how injured or ill employees will have access
 to first-aid trained employees.)) You must:
- Comply with the first-aid training requirements of 29 CFR 1910.151(b) which states:
- "In the absence of an infirmary, clinic, or hospital in near proximity to the workplace, which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid."

REPEALER

Code are repealed: sections of the Washington Administrative

WAC 296-800-15010 Make sure first-aid training contains required subjects.

WAC 296-800-15015 Document your first-aid training. WAC 296-800-15025 Provide a first-aid station when

required.